
TRUEBASICS
DIETARY SUPPLEMENT

Omega-3

# Fish Oil

1000mg per softgel

HEART HEALTH**

60 softgels

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

| Amount Per Serving | % Daily Value |
|---|---|
| Calories 20 | |
| Calories from Fat 20 | |
| Total Fat 2 g | 3%* |
| Saturated Fat 0.5 g | 3%* |
| Polyunsaturated Fat 1 g | † |
| Monounsaturated Fat 0 g | † |
| Cholesterol 10 mg | 3% |
| Fish Oil 2 g (2000 mg) | † |
| Omega-3 fatty acids (EPA and DHA) 600 mg | |

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

**INGREDIENTS:** Fish Oil, Gelatin, Glycerin, Natural Mixed Tocopherols. **CONTAINS: SARDINES, ANCHOVIES, SPRAT, CLUPEA, SALMON, SOY**

*Omega-3 fatty acids help maintain heart and vascular health.***

**Suggested Use:** Adults, take one or two softgels daily with the meal(s) of your choice.

**Caution:** If you are pregnant or nursing a baby or if you are taking medication, planning any medical procedure, have a medical condition or have bleeding problems, consult your doctor before taking this product.

**Keep out of reach of children.**

Store at room temperature (59°-86°F).

**This product is unconditionally guaranteed for freshness and labeled potency.**

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(Questions or comments?
1-866-703-4222

Distributed by:
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Gluten Free

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