

Distributed by
Arbonne International, LLC
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NOTE: Pregnant or breastfeeding women, those with a medical condition, and those taking medication should consult with a healthcare professional before use. Do not use if outer seal is broken or missing or if packet is torn or open. **Keep out of reach of children.**

Manufactured in USA from imported materials.

Keep in a cool, dry place.

6100R03 01




arbonne.



TrueSport

Muscle Recovery[†]

MIXED BERRY FLAVOR

GINSENG, TURMERIC, AND CAYENNE
CONTAINS INGREDIENTS THAT HELP
ALLEVIATE EXERCISE-INDUCED
MUSCLE SORENESS[†]

DIETARY SUPPLEMENT

20 stick packs, Net wt. 0.4 oz. / 12.4 g each
Total net wt. 8.7 oz. / 248 g

[†]These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

MIND. BODY. SKIN.[™]

DIRECTIONS: Add 1 stick pack to 16 fl. oz. of water. Consume within 30 minutes of physical activity. Do not exceed the recommended daily intake of 1 stick pack per day.

Supplement Facts

Serving Size 1 stick pack (12.4 g)
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	6 g	2%*
Total Sugars	1 g	†
Includes 0.5 g Added Sugars		<1%*
Vitamin B12 (as cyanocobalamin)	4 mcg	167%
Calcium (as calcium citrate tetrahydrate)	100 mg	8%
Magnesium (as magnesium citrate and magnesium oxide)	100 mg	24%
Branched Chain Amino Acid Blend L-leucine, L-isoleucine, L-valine	3500 mg	†
Arbonne TrueSport Blend Ginseng (<i>Panax ginseng</i>) root extract, Turmeric (<i>Curcuma longa</i>) root extract, Cayenne (<i>Capiscum annuum L.</i>) fruit extract	189 mg	†
Pomegranate (<i>Punica granatum</i>) fruit extract standardized to 50% polyphenols	150 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: brown rice syrup solids, natural flavors, citric acid, maltodextrin, thickeners (gum arabic, guar gum, xanthan gum), stevia leaf extract, beet juice concentrate (for color), silicon dioxide, dicalcium phosphate, ascorbic acid.

Made in a facility that processes wheat, crustaceans, shellfish, eggs, fish, peanuts, soybeans, milk, and tree nuts.