

H T L T

# whey PROTEIN

DIETARY SUPPLEMENT

NET WT  
**24g**FAT  
**5.1g**SUGAR  
**28**Vanilla  
Peanut ButterNET WT  
**24g**

## Supplement Facts

Serving size: 1 Scoop (32g)

Servings per Container: About 28

|                    | Amount per serving | % Daily Value   |
|--------------------|--------------------|-----------------|
| Calories           | 120                |                 |
| Total Fat          | 1 g                | 1% <sup>1</sup> |
| Saturated Fat      | 0.5 g              | 1% <sup>2</sup> |
| Cholesterol        | 40 mg              | 13%             |
| Total Carbohydrate | 4 g                | 1% <sup>4</sup> |
| Dietary Fiber      | <1 g               | 0%              |
| Total Sugars       | 2 g                | --              |
| Protein            | 24 g               |                 |
| Calcium            | 130 mg             | 10%             |
| Sodium             | 250 mg             | 11%             |
| Potassium          | 121 mg             | 3%              |
| Alanine            | 1190 mg            | --              |
| Arginine           | 619 mg             | --              |
| Aspartic Acid      | 2572 mg            | --              |
| Cystine            | 571 mg             | --              |
| Glutamic Acid      | 3642 mg            | --              |
| Glycine            | 454 mg             | --              |
| Histidine          | 323 mg             | --              |
| Isoleucine         | 1458 mg            | --              |
| Leucine            | 2345 mg            | --              |
| Lysine             | 2115 mg            | --              |
| Methionine         | 510 mg             | --              |
| Phenylalanine      | 697 mg             | --              |
| Proline            | 1457 mg            | --              |
| Serine             | 1197 mg            | --              |
| Threonine          | 1725 mg            | --              |
| Tryptophan         | 300 mg             | --              |
| Tyrosine           | 630 mg             | --              |
| Valine             | 1332 mg            | --              |

<sup>1</sup>Percent Daily Values are based on a 2,000-calorie diet.

--Daily Value not established.

**INGREDIENTS:** Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Peanut Flour, Skim Milk Powder, Natural Flavour, Salt, Xanthan Gum, Soy Lecithin, Sucralose, Acesulfame Potassium, Ground Madagascar Vanilla Bean Powder.