

ALL-IN-ONE HYDRATION & RECOVERY

Specifically formulated for athletes of all types, Amino 1 is a quick absorbing formula that features proven, scientifically-backed ingredients for supporting lean body mass, superior hydration, and expedient muscle recovery. With a cohesive blend of electrolytes and amino acids, Amino 1 helps athletes push past muscle soreness!*

KEY FEATURES

- ✓ FEATURES HIGH-QUALITY 3:1:2 RATIO OF BCAAs*
- ✓ SCIENTIFICALLY ADVANCED HYDRATION SYSTEM WITH COCONUT WATER*
- ✓ PROMOTES RECOVERY AND MUSCLE BUILDING*
- ✓ NO ARTIFICIAL DYES

WE LIVE IT. WE PROVE IT.

- ✓ Our Researchers and Physicians Have Performed Over 20 Clinical, University & Independent Studies
- ✓ 22 Million Finished Products Certified as Banned-Substance Tested by Informed-Choice
- ✓ Above-and-Beyond Industry Standards

SPORTS SCIENCE INSTITUTE
LEARN MORE ABOUT THE MOST ADVANCED
MPSSI.COM EXPLORATION IN ATHLETIC PERFORMANCE

ALLERGEN WARNING: CONTAINS TREE NUTS (COCONUT). This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, wheat and peanuts.
STORAGE CONDITIONS: Store at room temperature. Exposure to heat, light or air can affect flavor or aroma. Therefore keep out of direct light or heat. Keep sealed when not in use. Light to moderate clumping may occur.
WARNING: Do not exceed the recommended daily serving. Consult a physician prior to use if you have any medical conditions. Do not use if you are pregnant or expect to become pregnant or are nursing.
KEEP OUT OF REACH OF CHILDREN.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Developed & Manufactured For:
MusclePharm® Corp.
4721 Ironton St. Bldg. A, Denver, CO 80239 USA
Made in a cGMP Registered Facility.

MP REAL ATHLETES. REAL SCIENCE.

NO
PROPRIETARY
BLENDS

10g
AMINO ACIDS

3g
BCAAs

HYDRATE
WITH
COCONUT WATER



BANNED
SUBSTANCE
TESTED

INFORMED-
CHOICE
Trusted by sport

MP MUSCLEPHARM. Amino 1 HYDRATE + RECOVER

THE ATHLETES COCKTAIL™

- CLINICALLY PROVEN INGREDIENTS TO ENHANCE PERFORMANCE AND RECOVERY*
- SUPERIOR HYDRATION WITH COCONUT WATER*



SUGGESTED USE: Mix one serving (1 scoop) of Amino 1 in 8-12 fl. oz. of cold water before, during or after training.*

Supplement Facts

Serving Size 14.2 g (1 scoop)
Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	5	
Sodium (as Disodium Phosphate)	30 mg	1%
Potassium (as Dipotassium Phosphate)	70 mg	2%
Total Carbohydrate	0 g	0%*
Sugars	0 g	
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Phosphorus (as Disodium Phosphate, Dipotassium Phosphate)	50 mg	5%
Magnesium (as Magnesium Oxide)	210 mg	53%
Cellular Energy & ATP Fueler		
Arginine AKG	3 g	†
Taurine	1 g	†
BCAA 3:1:2™		
L-Leucine	1.5 g	†
L-Valine	1 g	†
L-Isoleucine	500 mg	†
Recovery Matrix		
L-Glutamine	1 g	†
L-Alanine	1 g	†
L-Glycine	1 g	†
Amino Hydration System		
Coconut (Cocos nucifera) Water	200 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Malic Acid, Natural & Artificial Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Fruit and Vegetable Juice (color), Acesulfame Potassium.