

Keto Rise is your go to Ketogenic Diet support drink giving you that boost of energy to help start your day off right.†

SUGGESTED USE: Use one scoop in 16oz of cold water, shake vigorously and enjoy. Consume 15-60 minutes prior to training or 30-60 minutes after breakfast.

WARNING: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, trying to become pregnant, breastfeeding, have known medical conditions or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Do not use if safety seal is damaged or missing.

CONTAINS CAFFEINE: This product contains organic caffeine derived from only green coffee beans. Each single serving contains approximately 140mg caffeine; equivalent to 1 large cup of regular coffee. Do not use this product if you are trying to eliminate caffeine or other stimulants from your diet. Do not take any stimulants or caffeine-containing products within 4 hours of taking this product.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ATTENTION CALIFORNIA RESIDENTS

WARNING: This product can expose you to chemicals which are known to the State of California to cause cancer and birth defects or reproductive harm. For more information: www.P65Warnings.ca.gov



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GIANT SPORTS INTERNATIONAL

GIANT

KETO RISE®

YOUR MORNING KETO KICKSTART

- 12G OF BHB SALTS PER SERVING
- ADDED L-CARNITINE L-TARTRATE
- 140MG OF ORGANIC CAFFEINE

VALENCIA ORANGE

DIETARY SUPPLEMENT - NATURAL FLAVORS
NET WT. 8.47OZ (240G)

Supplement Facts

Serving size: 1 Scoop (16g) Servings per container: About 15

Amount per Serving	% Daily Value*	Amount per Serving	% Daily Value*
Calories	30	Magnesium	70 mg 16%
Total Carbohydrates	0 g 0%	Selenium (as Selenium Citrate)	100 mcg 182%
Vitamin A (as Beta Carotene)	250 mcg 28%	Potassium (Potassium Chloride)	100 mg 2%
Vitamin C (Ascorbic Acid)	600 mg 867%	Sodium	840 mg 36%
Vitamin D (as Cholecalciferol)	125 mcg(5000IU) 625%	Beta-Hydroxybutyrate Blend (Calcium Beta-Hydroxybutyrate, Sodium Beta-Hydroxybutyrate, Magnesium Beta-Hydroxybutyrate)(as gHB®)	12 g **
Vitamin K (as Phytanadione)	600 mcg 500%	L-Carnitine L-Tartrate	500 mg **
Vitamin B6 (as Pyridoxal-5-Phosphate)	0.3 mg 18%	Organic Caffeine (from Organic Green Coffee Beans)(PureCaf®)	140 mg **
Vitamin B12 (as Methylcobalamin)	100 mcg 4167%		
Calcium	1080 mg 83%		

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not Established.

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Malic Acid, Gum Blend (Gum Acacia, Guar Gum, Xanthan Gum), Stevia rebaudiana Leaf Extract, Silica.

ALLERGEN WARNING: Made in a facility that also processes milk, egg, soy, tree nuts, peanuts, fish, crustaceans, shellfish, and wheat products.

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PURECAF®
Organic Caffeine