



ORGANIC

ASHWAGANDHA ROOT POWDER

**PREMIUM GRADE
SOURCED FROM INDIA
CERTIFIED ORGANIC**

Net Weight 8oz (226g)



AN IDEAL ADDITION TO SWEET SMOOTHIES OR STEAMING CUPS OF COCOA

HEALTHY FEELS GOOD



SMOOTHIES



YOGURT



STIR IN WATER

Our premium ashwagandha powder is made from the root of this powerful herb, also known as Indian ginseng. The bitter notes of ashwagandha make for a perfect complement to a rich cup of hot cocoa. We recommend winding down with your favorite ashwagandha-boosted beverage before bedtime. This bag contains certified organic, non-GMO and 100% premium ashwagandha root powder from ashwagandha plants grown and cultivated in India.



FGO products are sourced from nutrient dense origins around the world. We are committed to delivering the highest quality, certified organic products at a fair price, to help you live healthy and feel good.

ORGANIC ASHWAGANDHA POWDER

For recipes, giveaways and more visit us at www.FGOrganics.com

Ingredients: Certified Organic Ashwagandha Root Powder (*Withania somnifera*).

Directions: Mix into smoothies and yogurt. Stir into a glass of water.

Storage: Refrigeration not required. Store in a cool, dark, dry place.

Caution: If you are pregnant or breastfeeding, please consult a doctor before using.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure or prevent any disease.

Supplement Facts

Serving Size 1/2 tsp. (2g)
Servings Per Container 113

† Daily Value (DV) not established

Ingredients	Amount Per Serving	%DV
Calories	5	
Organic Ashwagandha Root Powder (<i>Withania somnifera</i>)	2,000 mg	†

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**Consult with a healthcare provider prior to use if you are currently pregnant, nursing, taking medication, or if you have a medical condition.



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