



Gluten/Wheat-Free, Dairy-Free,
Sugar-Free & Yeast-Free

Food-Based, Potent, Digestion-Enhanced

RAINBOW LIGHT® Complete Nutritional System™



Food-Based Multivitamin

**Highest Potency Green Foods
Natural Energy plus Stress Support
Powerful Antioxidant Protection**

90 Tablets

Dietary Supplement

To open, press along perforation.
Please remove label before recycling bottle.

S u p p l e m e n t F a c t s			
Serving Size: 3 Tablets Servings Per Container: 30			
Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta-carotene, Palmitate)	10,000 IU 200%	Selenium (as Selenomethionine)	100 mcg 143%
Vitamin C (as 50% Calcium Ascorbate, 50% Ascorbic Acid)	1,000 mg 1,667%	Copper (as Amino Acid Chelate)	200 mcg 10%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%	Manganese (as Amino Acid Chelate)	2.5 mg 125%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Chromium (as Amino Nicotinate)	100 mcg 83%
Vitamin B-1 (as Thiamin Mononitrate)	30 mg 2,000%	Potassium (as Citrate)	40 mg 1%
Riboflavin (Vitamin B-2)	34 mg 2,000%	Citrus Bioflavonoid Complex	100 mg *
Niacin: Niacinamide 1:1	60 mg 300%	Rutin	50 mg *
Vitamin B-6 (as Pyridoxine)	40 mg 2,000%	Hesperidin	10 mg *
Folic Acid	400 mcg 100%	Choline (as Bitartrate)	30 mg *
Vitamin B-12 (as Cyanocobalamin)	200 mcg 3,333%	Inositol	50 mg *
Biotin	100 mcg 33%	PABA (para-Aminobenzoic Acid)	30 mg *
Vitamin B-5 (as Calcium Pantothenate)	60 mg 600%	Protective Phyto-Nutrient Foods	1,138 mg *
Calcium (as Carbonate, Ascorbate, Amino Acid Chelate)	250 mg 25%	Organic Spirulina, Chlorella, Kelp, Chlorophyll, Octacosanol (from spinach)	
Magnesium (as Oxide, Amino Acid Chelate)	125 mg 31%	4:1 Vegetable Juice Extract	66 mg *
Iron (as Amino Acid Chelate)	18 mg 100%	(equivalent to 264 mg of vegetable powder)	
Iodine (from Kelp)	150 mcg 100%	Kale, Spinach, Dandelion Greens, Beet, Alfalfa	
Zinc (as Amino Acid Chelate)	15 mg 100%	Broccoli Powder	50 mg *
		Sulfuraphane	50 mcg *

S u p p l e m e n t F a c t s		
Continued from other panel		
Amount Per Serving	%DV	
4:1 Antioxidant Fruit Blend	60 mg *	
(equivalent to 240 mg of fruit powder) Elderberry, Bilberry, Blueberry, Grape, Rose Hip, Acerola, Cranberry		
4:1 Energizing Herbal Blend	105 mg *	
(equivalent to 420 mg of herbal powder) Eleuthero [root], Fo-Ti [root], Stinging Nettle [tops], Schisandra [fruit], Fennel [seed], Ginger [rhizome], Licorice [root]		
Digestive Support Complex +	115 mg *	
Protease (1,804 HUT*), Amylase (141 DU*), Lipase (2 LU*), Cellulase (2 CU*), Papain (90,000 PU*), Betaine HCl (60 mg*)		
*Daily Value (DV) not established.		

Other Ingredients (natural mineral or vegetable source): stearic acid, modified cellulose, silica. Coating: Vegetable food glaze (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).

Energy & Stress Support Multivitamin with Highest Potency Green Foods

SUGGESTED USAGE: 3 tablets daily, with or between meals.

Purity Guarantee: Contains no gluten, wheat, dairy, sugar or yeast.

100% Natural — Free of artificial colors, flavors, sweeteners, preservatives and additives.
Consult a health care professional prior to use if you are taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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