

Formulated/manufactured exclusively for
Advocare® International, LLC
Richardson, TX 75082 • 800-542-4800
For more information visit advocare.com

Directions For Use: Take 2 capsules, once per
day on an empty stomach.

NOTE: Check with your healthcare professional
before using this product.

KEEP OUT OF REACH OF CHILDREN.
Store away from excessive heat, light and humidity.

†UC-II® is a registered trademark of InterHealth NL

†UC-II® brand collagen with undenatured type II
collagen (U.S. Patents 7,083,820, 7,846,487 and
EPO Patent EP1435906B1; Canadian Patent CA
2459981C; and Japanese Patent JP 4800574B2)

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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ADVOCARE

FLEX™

AMINO ACID AND
COLLAGEN SUPPLEMENT

- Supports joint health, mobility and flexibility*
- Contributes to the body's natural production of
collagen and supports healthy connective tissue*

60 CAPSULES



Supplement Facts

Serving Size: 2 capsules

Servings per Container: 30

	Amount Per Serving
L-Proline	400mg**
L-Glycine	100mg**
L-Serine	100mg**
L-Threonine	100mg**
L-Methionine	100mg**
L-Histidine	100mg**

UC-II® Standardized Cartilage UC-II 40mg**
(providing 10 mg of total collagen, including
undenatured Type II Collagene†)

**Daily Value not established.

OTHER INGREDIENTS: Microcrystalline
Cellulose, Gelatin, L-Leucine.