

ALLMAX®

• PROFESSIONAL GRADE SUPPLEMENTS •

Delicious and Easy-to-Take Liquid L-Carnitine with 1500 mg in just 1 serving! Boost Energy, Endurance & Performance. L-Carnitine enhances performance by increasing the body's reliance on fat for energy; this reduces depletion of muscle glycogen. By reducing muscle tissue lactic acid build-up, performance athletes using L-Carnitine can extend duration of muscular exertion before fatigue. Added Vitamin B5 makes L-Carnitine work better by helping it shuttle fatty acids to the cell to be burned for energy production.*

LIQUID L-CARNITINE 1500

- + HELPS CONVERT FAT TO ENERGY*
- + IMPROVES EXERCISE CAPACITY*
- + RECOVER FASTER AFTER INTENSE TRAINING*



CARB FREE
SUGAR FREE
CALORIE FREE

16 oz

Net Contents 16 oz (473 mL)
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 15 mL

Servings Per Container 32

Amount Per Serving	% Daily Value
Calories	0
Total Carbohydrate	0 g 0%*
Sugars	0 g +
Vitamin B1 (as Thiamine HCl)	1.5 mg 130%
Vitamin B12 (as Methylcobalamin)	6 mcg 250%
Vitamin B5 (as D-Pantothenic Acid)	5 mg 100%
L-Carnitine	1,500 mg +

*Percent Daily Values are based on a 2,000 calorie diet.

+ Daily Value not established.

Other Ingredients: Purified Water, Citric Acid, Phosphoric Acid, Beet Root (Beta vulgaris) powder, Malic Acid, Sucralose, Natural & Artificial Flavors, Potassium Sorbate & Sodium Benzoate less than 1/10 of 1% - preservative.

DIRECTIONS: Shake well before use. Take one tablespoon (15 mL) of Liquid L-Carnitine preferably on an empty stomach, or as directed by a health practitioner. On workout days, consume 30 to 60 minutes prior to training. On non-workout days, consume anytime throughout the day. **STORAGE INSTRUCTIONS:** Store in a cool, dry place. Refrigerate after opening.

WARNINGS: This product is to be used by adults only. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding, you have liver or kidney disease, you have a pre-existing seizure disorder or you have been instructed to follow a low protein diet. Discontinue use and contact your healthcare practitioner if you experience adverse reactions.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.050/0.005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Tree Nut, Peanut, Fish and Shellfish products.

Distributed Exclusively by:
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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CARNITINE

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