



**DOCTOR
FORMULATED**

RESEAL
HERE

MegaFood®
Baby & Me™

**MORNING SICKNESS
NAUSEA RELIEF***



SOFT CHEWS
HONEY LEMON GINGER

NATURAL LEMON FLAVOR
WITH OTHER NATURAL FLAVORS



30 INDIVIDUALLY WRAPPED
SOFT CHEWS • 30 SERVINGS

DIETARY SUPPLEMENT

Reseal for
Optimal
FRESHNESS

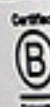
MegaFood®

MegaFood Baby & Me, Morning Sickness Nausea Relief® combines two well-known nausea-relief ingredients - ginger and vitamin B6 - into a convenient soft chew to help alleviate nausea related to morning sickness, upset stomach and occasional indigestion.* Each chew has farm-fresh organic ginger root, and a natural organic wildflower honey and natural lemon flavor. They can be taken any time of day, even on an empty stomach.

This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. Each vitamin is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. Satisfaction guaranteed or your money back.



We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture.
megafood.com/farmers



Learn about our seals, please visit megafood.com/standards.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Tieraona Low Dog, M.D., our Chief Medical Advisor, award-winning physician and expert in dietary supplementation, worked with our team to formulate an effective and delicious ginger chew anyone can benefit from, especially pregnant women or those with digestive upset.*

Suggested Use: Take 1 soft chew 3 times per day. For maximum benefit use for at least 3 days. Take as directed and do not exceed 3 chews per day.

Supplement Facts

Serving Size 1 Soft Chew
Servings per Container 30

Amount Per Serving	1 Soft Chew	% DV for Pregnant Women
Calories	20	
Total Carbohydrates	4 g	2%*
Total Sugars	2 g	**
Includes 2 g Added Sugars		4%*
Vitamin B6 (pyridoxine HCl with <i>S. cerevisiae</i>)	12.5 mg	625%
Organic Ginger Root	250 mg	**

** % Daily Value (DV) not established

* % Daily Value (DV) based on a 2,000 calorie diet

Other Ingredients: Organic Rice Syrup, Organic Cane Sugar, Rice Bran, Organic Wildflower Honey, Sunflower Lecithin, Palm Oil†, Organic Tapioca Starch, Natural Flavors, Glycerin.

Keep out of reach of children / Store tightly sealed in a cool dry place

†Sustainably sourced and certified by the Roundtable of Sustainable Palm Oil (RSPO)

Made in the USA with globally-sourced ingredients.

Made with Love for MegaFood, PO Box 5244,
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