



Complete

**MultiVitamin
Children's Multiple
Vitamin & Mineral
Supplement**



Complete

**FOR IMMUNE SYSTEM HEALTH¹
WITH PEDIATRICIAN RECOMMENDED¹
Level of Vitamin D 400 I.U. per tablet**

**MultiVitamin
Children's Multiple Vitamin &
Mineral Supplement**



60 Chewable Tablets

GREAT TASTE KIDS LOVE

© Disney

**Great taste and fun
princess shapes for them...
and nutritional assurance
for you.**

Cinderella

Snow White



Tiana



Belle

Jasmine



**3 Fantastic Flavors
Grape, Orange and Cherry
Naturally and Artificially Flavored**

**Provides essential Vitamins
and Minerals for your child's healthy
growth and development in a delicious
chewable tablet.***

One tablet contains 400 I.U. of Vitamin D which is the dosage recommended by pediatricians for children.¹ Vitamin D is known as the "sunshine vitamin" and promotes healthy bones, teeth and immune system health.*

Healthy eating and a better diet can contribute to better health.

Almost 80% of children do not eat the recommended number of nutrient-rich fruits and vegetables.²

Includes Vitamin C to help support healthy immune function, Iron to help promote red blood cell production, and the essential mineral Calcium.*

Made in U.S.A.

Directions: For adults and children 4 years of age and over, chew one (1) tablet daily. For children 2-4 years of age, chew one-half (1/2) tablet daily.

Supplement Facts

Serving Size 1 Tablet for Children 4 and Up; 1/2 Tablet for Children 2-4 Years of Age
Servings Per Container 60; 120

Amount Per Serving	1/2 Tablet	%Daily Value for Children 2 to 4 Years of Age	1 Tablet	%Daily Value for Adults & Children Over 4 Years of Age
Calories			5	<1%*
Total Carbohydrate			<1 g	<1%*
Vitamin A (70% as Beta-Carotene and Retinyl Acetate)	2,500 IU	100%	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	30 mg	75%	60 mg	100%
Vitamin D (as Cholecalciferol)	200 IU	50%	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	15 IU	150%	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	0.75 mg	100%	1.5 mg	100%
Niacin (Vitamin B-3)	0.85 mg	100%	1.7 mg	100%
Niacin (as Nicotinamide)	10 mg	111%	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	1 mg	143%	2 mg	100%
Folic Acid	200 mcg	100%	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	3 mcg	100%	6 mcg	100%
Biotin	20 mcg	120%	40 mcg	120%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	100%	10 mg	100%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	50 mg	6%	100 mg	10%
Iron (as Ferrous Sulfate)	9 mg	90%	18 mg	100%
Iodine (as Potassium Iodide)	75 mcg	100%	150 mcg	100%
Magnesium (as Magnesium Oxide)	10 mg	5%	20 mg	5%
Zinc (as Zinc Oxide)	7.5 mg	144%	15 mg	100%
Copper (as Cupric Oxide)	1 mg	100%	2 mg	100%
DHA (Docosahexaenoic Acid) (from Fish Oil)	50 mcg	***	100 mcg	***

*Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Fructose, Xylitol, Dextrose, Cellulose (Plant Origin), Gelatin, Carrageenan, Vegetable Stearic Acid, Natural and Artificial Flavors, FD&C Blue No. 2 Lake, Citric Acid, Vegetable Magnesium Stearate, FD&C Yellow No. 6 Lake, Silica, FD&C Red No. 40 Lake, Malic Acid, Sucralose, FD&C Blue No. 1.

Contains fish (sardine, anchovy, menhaden) ingredients.

No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or planning a medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. This product requires adult supervision and is not to be dispensed by children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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Call toll free 1-888-VITAHELP (848-2435) with
questions or comments, Mon. - Fri., 9am-5pm EST.

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