



To learn about our seals, please visit megafood.com/standards.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood[®]

Fresh From Farm To Tablet[™]

Zinc

Promotes Immune Health*



60
TABLETS
60
SERVINGS

**MINERAL
DIETARY SUPPLEMENT**

Suggested Use: 1 tablet daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 1 Tablet Servings per Container 60

Amount per Serving	% DV
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Zinc (as fermented zinc bisglycinate) 22.5 mg	205%
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Nourishing Food Blend 26 mg	**
Organic Spinach, Organic Parsley Leaf, Organic Carrot, Organic Broccoli, Organic Beetroot	

** % Daily Value (DV) not established

Other Ingredients: Ferment media (organic brown rice, autolyzed yeast extract, rice protein, yeast [inactive]), silicon dioxide, microcrystalline cellulose, stearic acid, hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542

MegaFood Zinc supports immune health, healthy tissue development and wound recovery* and includes a blend of real food for additional nourishment.

This MegaFood product is made with real food, wholesome nutritional yeast, and added nutrients. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Best
Before:

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