



Carlson

EcoSmart[®] DHA

500 mg DHA • Sustainable Source

DIETARY SUPPLEMENT

✓ Brain Function* ✓ Vision Support* ✓ Joint Health*
60 Soft Gels



Natural
Lemon
Flavor

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
Vitamin E (as d-alpha tocopherol)	6.7 mg	45%
Norwegian Calamari Oil	1 g	†
Total Omega-3 Fatty Acids*	550 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	50 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), natural lemon flavor, natural mixed tocopherols. Contains calamari.

Directions: Adults: take one soft gel once or twice daily **at mealtime**. Keep bottle tightly closed and out of the reach of children.

EcoSmart[®] DHA is an eco-friendly, Friend of the Sea certified product that's sourced from a highly sustainable species of calamari. Each soft gel provides 500 mg of the beneficial omega-3 DHA, which supports healthy vision, brain, and joint function.* EcoSmart[®] DHA is healthy for us and healthy for our Earth.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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