



# E·Gems<sup>®</sup>

200 IU (134 mg)

DIETARY SUPPLEMENT

✓ Heart Health\* ✓ Antioxidant\* ✓ Optimal Wellness\*

250 Soft Gels | 125 Servings

*Carlson*

Providing the highest quality nutritional supplements since 1965

## Supplement Facts

Serving Size 2 Soft Gels  
Servings Per Container 125

	Amount Per Serving	% Daily Value
Vitamin E (from d-alpha tocopheryl acetate from soy)	134 mg	893%

Other Ingredients: Soybean oil, soft gel shell (beef gelatin, glycerin, water).

**Directions:** Adults: take two soft gels once or twice daily **at mealtime**.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**POTENCY & QUALITY GUARANTEED**

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**E-Gems<sup>®</sup>** provide 200 IU (134 mg) of natural-source vitamin E per serving. Vitamin E is a powerful antioxidant that promotes cardiovascular system health.\* Natural-source vitamin E is twice as active in our body as synthetic vitamin E (by weight).

✓ **Gluten-free**  
✓ **No Artificial Preservatives**



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