

This scientifically advanced formula features selective kinase response modulators (SKRMs) in the form of RIAA, berberine, and vitamins D and K to help nutritionally support healthy bone remodeling during the aging process. Recommended for use with Bone Builder®—an advanced bioactive formulation for bone mineralization support.*

Directions: Take one tablet twice daily, or as directed by your healthcare practitioner.

This product non-GMO and gluten-free.

Warning: Do not use if pregnant, nursing, or taking cyclosporine.

Caution: If taking medications consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics®**

Ostera®

Promotes healthy bone remodeling
in postmenopausal women*

DIETARY
SUPPLEMENT

60 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol).....	12.5 mcg (500 IU) 63%
Vitamin K (as phytonadione USP)	500 mcg 417%
Reduced Iso-Alpha Acids Complex.....	370 mg *
(from hops extract, <i>Humulus lupulus</i> L.)	
Berberine HCl	90 mg *
(<i>Phellodendron amurense</i> bark extract)	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose), calcium silicate, and silica.

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