

SUGGESTED USE

As a dietary supplement, take 1 capsule 1 hour before bedtime, or as recommended by your qualified healthcare professional.

ABOUT

Valerian Root can have a relaxing effect on the nervous system, and helps support calm, relaxation, and restful sleep.*

CAUTION

When using this product avoid alcohol and do NOT drive a motor vehicle or operate machinery.



All Weyland Brain Nutrition products are manufactured in the USA at an FDA inspected, cGMP compliant, and 3rd party rated facility.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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GETWEYLAND.COM

valerian root

HELPS SUPPORT
CALM, RELAXATION,
AND RESTFUL SLEEP.*



MADE WITH ORGANIC
VALERIAN ROOT

weyland
BRAIN NUTRITION

60 VEGETARIAN CAPSULES
HERBAL SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%DV
Organic Valerian Root Powder	550 mg	**
**Daily Value (DV) not established		

Other Ingredients: Veggie Capsule (Pullulan), Organic Rice Hull Concentrate.

Contains No: Dairy, Soy, Fish, Gluten, Peanuts, Shellfish, Tree Nuts, Wheat or Yeast.

No Artificial Flavors or Colors.

Warning: If you are pregnant, breastfeeding, on medication or have a known medical condition, consult a qualified healthcare professional before taking this product. **Keep out of reach of children.**

Do not use if seal under cap is broken or missing.

Distributed by enjoy nutrition, LLC,
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Certified Organic by CCOF

Recyclable Bottle. Store in a cool, dry place.