

SUGGESTED USE

As a dietary supplement, take 3 capsules preferably on an empty stomach, or as recommended by your qualified healthcare professional. Do not exceed 3 capsules in a 24 hour period.

ABOUT

A mix of nutrients, herbs long used in traditional medicines such as Ayurveda and neurotransmitter precursors such as 5-HTP to support relaxation.*

CAUTION

When using this product do NOT drive a motor vehicle or operate machinery.

All Weyland Brain Nutrition products are manufactured in the USA at an FDA inspected, cGMP compliant, and 3rd party rated facility.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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relax

A MIX OF NUTRIENTS, HERBS FROM
TRADITIONAL MEDICINES AND NEUROTRANSMITTER
PRECURSORS TO SUPPORT RELAXATION.*

weyland[™]
BRAIN NUTRITION

30 VEGETARIAN CAPSULES
VITAMIN & MINERAL SUPPLEMENT
WITH HERBS

Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 10

	Amount Per Serving	% DV
Niacin (as Inositol Hexanicotinate)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	2 mg	100%
Magnesium (as Magnesium Oxide)	150 mg	38%
Proprietary Sleep Blend:	1500 mg	**
Green Tea Extract (leaf), L-Theanine, 5-HTP (5-Hydroxytryptophan), Ashwagandha Extract (root), GABA (gamma-Aminobutyric acid), Lemon Balm (leaf), Passionflower (herb), Schisandra Extract (fruit), Valerian Extract (root), Rhodiola Extract (root), Holy Basil Extract (leaf)		
** Daily Value (DV) not established		


Other Ingredients: Vegetable Capsule (Hypromellose), Cellulose, Magnesium Stearate, Silicon Dioxide

Contains No: Dairy, Fish, Gluten, Peanuts, Shellfish, Tree Nuts, Wheat or Yeast. No Artificial Flavor or Colors.

Distributed by Enjoy Nutrition, LLC, Tustin, CA 92781 (415) 658-6035

Warning: If you are pregnant, breastfeeding, on medication or have a known medical condition consult a qualified medical professional before taking relax. Keep out of reach of children.

Do not use if seal under cap is broken or missing.

Recyclable Bottle 
Store in a cool, dry place.

