

DIRECTIONS FOR USE:

Mix one scoop of Wonder Meal powder with a glass of water (about 8 fl oz, cold or warm), milk, fruit or vegetable juice to make a thin cream. Stir and wait for 3-5 minutes to make a pleasant drink. You may also add your favorite flavoring.

INGREDIENTS:

Soy Protein Isolate, Whey Powder, Grapefruit Fiber (*Citrus paradisi*), Chromium Picolinate

OTHER INGREDIENTS:

Deoiled Sunflower Lecithin and Xanthan Gum

Keep out of the reach of children.

Store in a dry place below 30°C (86°F) and avoid exposure to sunlight.

WONDER MEAL

Dietary Supplement

Net Weight 16oz (455g)

WONDER MEAL

Wonder Meal is a powdered dietary supplement of soy and whey proteins.

Manufactured at a GMP Certified facility exclusively for:

FKC International, Inc.
21015 Pathfinder Road, Suite 140
Diamond Bar,
CA 91765 USA

**Supplement Facts**

Serving size: 1 scoop (12 g)

Servings per container: 38

	Amount Per Serving	% Daily Value [^]
Calories 45	Calories from fat 2.5	
Total Fat	0.28 g	< 1 %
Cholesterol	< 2 mg	< 1 %
Sodium	115 mg	5 %
Carbohydrate	2 g	1 %
Protein	8 g	16%
Chromium (as Chromium Picolinate)	12.4 mcg	35%
Grapefruit fiber (<i>Citrus paradisi</i>)	67 mg	*

[^] Percent Daily Values are based on a 2,000-calories diet

* Daily Values not established

Caution: Contains Soy and Milk