



250 Tablets

Dietary Supplement

Directions: Take 1 tablet daily with a meal.

Supplement Facts Serving Size: 1 tablet

Amount Per Serving % Daily Value Folic Acid

Other ingredients: Dicalcium phosphate, stearic acid (vegetable source), microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable source).

Allergen Information: Produced in a facility that processes tree nuts, milk, eggs, shellfish. fish, wheat and sov.

Contains no artificial colors, flavors or preservatives.

Note: If you are pregnant or lactating, consult your health care practitioner before using this product. Keep out of reach of children. Store in a cool, dry place.