



Chelated Minerals

Balanced Blend • Maximum Absorption

DIETARY SUPPLEMENT

✓ Optimal Wellness* ✓ Bone Health* ✓ Tissue Development*
180 Soft Gels | 60 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson® Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 3 Soft Gels
Servings per Container 60

	Amount Per Serving	% DV
Calories	35	
Total Fat	2.5 g	3%**
Protein	3 g	
Calcium (from calcium bisglycinate chelate and dicalcium phosphate)	400 mg	31%
Iron (from iron bisglycinate chelate)	18 mg	100%
Phosphorus (from dicalcium phosphate)	153 mg	12%
Iodine (from potassium iodide)	300 mcg	200%
Magnesium (from magnesium glycinate chelate and magnesium oxide)	200 mg	48%

Other Ingredients: Sunflower oil, soft gel shell [beef gelatin, glycerin, water, carob, titanium dioxide (for color)], maltodextrin, soy lecithin, beeswax, microcrystalline cellulose, silicon dioxide.

Directions: Adults: take three soft gels daily **at mealtime**.
Keep bottle tightly closed and away from heat and moisture.

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **No Artificial Preservatives**

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

	Amount Per Serving	% DV
Zinc (from zinc glycinate chelate)	15 mg	136%
Selenium (from selenomethionine)	105 mcg	191%
Copper (from copper glycinate)	2 mg	222%
Manganese (from manganese glycinate chelate)	6 mg	261%
Chromium (from chromium nicotinate)	180 mcg	541%
Molybdenum (from molybdenum glycinate chelate)	75 mcg	167%
Potassium (from potassium chloride)	100 mg	2%
Boron (from boron amino acid chelate)	10 mg	†
Vanadium (Bis-Maltolato Oxo Vanadium)	1 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

⚠ WARNING: Reproductive Harm — www.P65Warnings.ca.gov

POTENCY & QUALITY GUARANTEED

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