

#### SUGGESTED USE

As a dietary supplement, take 2 capsules per day, with a meal, or as recommended by your qualified healthcare professional.

#### ABOUT

Lithium is a trace mineral that may help support and balance mood.\* Lithium Orotate is a form of Lithium that is combined with orotic acid, which is thought to increase bioavailability relative to other forms.\*

Includes our Tri-Magnesium Complex and Vitamin E (an antioxidant) for added support.

All Weyland Brain Nutrition products are manufactured in the USA at an FDA registered, cGMP compliant, and 3<sup>rd</sup> party rated facility.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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# lithium orotate 5

## +tri-magnesium complex

## +vitamin e

A FORM OF LITHIUM COMBINED WITH  
OROTIC ACID. INCLUDES TRI-MAGNESIUM  
COMPLEX AND VITAMIN E (ANTIOXIDANT)

weyland™  
BRAIN NUTRITION

60 VEGETARIAN CAPSULES  
DIETARY SUPPLEMENT

#### Supplement Facts

Serving Size: 2 Capsule

Servings per Container: 30

|                                              | Amount Per Serving | % DV |
|----------------------------------------------|--------------------|------|
| Vitamin E (as d-alpha Tocopheryl Succinate)  | 7.5 IU             | 25%  |
| Magnesium (as Threonate, Taurinate & Malate) | 100 mg             | 25%  |
| Lithium (as Lithium Orotate)                 | 5 mg               | *    |
| Glycine                                      | 500 mg             | *    |

\*\* Daily Value (DV) not established

Other Ingredients: Hypromellose (Veggie Capsule), Cellulose, L-Leucine, Silicon Dioxide

Contains No: Soy, Dairy, Fish, Gluten, Peanuts, Shellfish, Tree Nuts, Wheat or Yeast  
No Artificial Flavor or Colors.

Warning: Lithium should not be used by pregnant or nursing women. Not to be taken in conjunction with SSRIs or MAOIs unless advised by a qualified healthcare professional. Individuals with bipolar disorder and depression must be monitored closely by a qualified healthcare professional if taking this supplement. It is recommended that individuals taking this supplement have kidney function monitored regularly. Individuals with renal or cardiovascular disease or who are taking diuretics or ACE inhibitors, should consult their qualified healthcare professional before use. Do not exceed the dose recommended by your qualified healthcare professional. Keep out of reach of children.

Distributed by Enjoy Nutrition, LLC, Tustin, CA 92781 (415) 658-6035

Recyclable Bottle   
Store in a cool, dry place.

