

SUGGESTED USE

1 Capsule per day, with a meal, or as recommended by your qualified healthcare professional.

ABOUT

Lithium is a trace mineral that may help support and balance mood.* Lithium Orotate is a form of Lithium that is combined with orotic acid, which is thought to increase bioavailability relative to other forms.*

All Weyland Brain Nutrition products are manufactured in the USA at an FDA inspected, cGMP compliant, and 3rd party rated facility.



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lithium orotate 2.5 mg

A FORM OF LITHIUM COMBINED WITH
OROTIC ACID; EACH CAPSULE PROVIDES
2.5 MG OF ELEMENTAL LITHIUM

weyland[™]
BRAIN NUTRITION

60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 60

	Amount Per Serving	% DV
Lithium (as Lithium Orotate)	2.5 mg	**

** Daily Value (DV) not established

Other Ingredients: Cellulose, Vegetable Capsule (Hydromellose), L-Leucine, Silicon Dioxide.

Contains No: Soy, Dairy, Fish, Gluten, Peanuts, Shellfish, Tree Nuts, Wheat or Yeast. No Artificial Flavor or Colors.

Warning: Lithium should not be used by pregnant or nursing women. Not to be taken in conjunction with SSRIs or MAOIs unless advised by a qualified healthcare professional. Individuals with bipolar disorder and depression must be monitored closely by a qualified healthcare professional if taking this supplement. It is recommended that individuals taking this supplement have kidney function monitored regularly. Individuals with renal or cardiovascular disease or who are taking diuretics or ACE inhibitors, should consult their qualified healthcare professional before use. Do not exceed the dose recommended by your qualified healthcare professional. Keep out of reach of children.

Distributed by Enjoy Nutrition, LLC, Tustin, CA 92781 (415) 658-6035

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recyclable Bottle 
Store in a cool, dry place.