

Certified
(B)
Corporation
NON
GMO
Project
VERIFIED
phosphorus
RESIDUE FREE
TESTED 1254
NSF
GLUTEN-FREE
VEGETARIAN
K
DAIRY FREE
EGG FREE

MegaFood®
Fresh From Farm To Tablet™

Balanced Minerals

Maintains Bone &
Cardio Health*

90
TABLETS
30
SERVINGS

MULTIMINERAL
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings per Container 30

	Amount per Serving	% DV
Calcium (mineral bound <i>S. cerevisiae</i>)	100 mg	8
Iodine (mineral bound <i>S. cerevisiae</i>)	50 mcg	33
Magnesium (mineral bound <i>S. cerevisiae</i>)	50 mg	12
Zinc (mineral bound <i>S. cerevisiae</i>)	15 mg	136
Selenium (mineral bound <i>S. cerevisiae</i>)	60 mcg	109
Manganese (mineral bound <i>S. cerevisiae</i>)	2 mg	87
Chromium (GTF) (mineral bound <i>S. cerevisiae</i>)	60 mcg	171
Molybdenum (mineral bound <i>S. cerevisiae</i>)	23 mcg	51
Boron (mineral bound <i>S. cerevisiae</i>)	500 mcg	**
Organic Trace Mineral Blend	150 mg	**
Organic Nettle Leaf, Organic Horsetail Leaf		

** % Daily Value (DV) not established

Other Ingredients: Silica, Stearic Acid, Cellulose.

Suggested Use: 3 tablets daily. May be taken anytime throughout the day, even on an empty stomach.

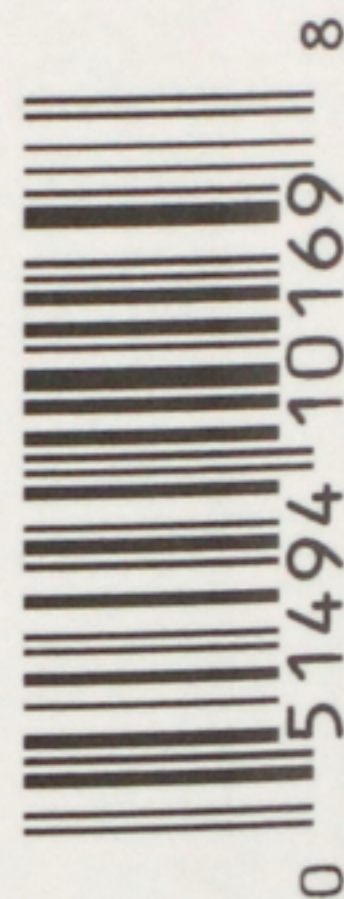
MegaFood Balanced Minerals support an already healthy cardiovascular system, and helps with the maintenance of bone health thanks to its combination of minerals and organic herbs, like nettle leaf and horsetail leaf.*

* This MegaFood product is made with real food, carefully selected herbs and added nutrients. Each mineral is paired with wholesome nutritional yeast using a unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself.* See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood, PO Box 5244,
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