

Suggested Use: 2 gummies daily. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 35

Amount per Serving	% DV
Calories 10	
Total Carbohydrate 3 g	1%*
Total Sugars 2 g	**
Includes 2 g Added Sugars	4%*
Vitamin B12 (as methylcobalamin) 24 mcg	1000%*
Organic Ginger Root 100 mg	**

* % Daily Value (DV) based on a 2,000 calorie diet
** % Daily Value (DV) not established

Other Ingredients: Organic tapioca syrup, organic cane sugar, apple pectin, citric acid, sodium citrate, organic beet root powder, organic sunflower oil, organic carnauba wax.

Made for MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542 • Certified Organic by QAI

MegaFood B12 Energy gummies help support cellular energy levels and production.* Farm-fresh ginger root gives these gummies a distinctive, real ginger flavor and color.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers



Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

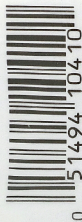
**33% less sugar than a leading natural channel gummy supplement brand. 2g sugar per serving vs. 3g.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To learn about our seals, please visit megafood.com/standards.

List No. 10410
PET102
Cat. A943
8A091

REV: 3 10/20



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood®

B12 ENERGY*

Organic
ginger root

Only 2g
sugar per serving**

GINGER



70 GUMMIES
35 SERVINGS

DIETARY
SUPPLEMENT