

swanson.com  
or call 1-800-437-4148

- Sourced from mixed tocopherols
- For daily antioxidant support
- Essential for cardiovascular health

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one softgel per day with water.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or if you have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# E

## Mixed Tocopherols

VITAMIN E

Antioxidant and Essential Nutrient

400 IU per softgel

VITAMIN SUPPLEMENT | 250 SOFTGELS

### Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
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Vitamin E	268 mg	1,787%
(as d-alpha tocopherol plus mixed tocopherols: d-beta, d-delta and d-gamma tocopherol)		

Other ingredients: Gelatin, soybean oil, vegetable oil, glycerin, purified water.

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