

GR-1®/RC-14® and VAGINAL FLORA (also called microbiota)

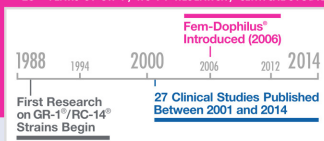
In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.*



Martinez, et al. Can J Microbiol 2009;55:133-138

Box contains smaller, Activ-Vial™ moisture-controlled desiccant bottle for better stability of probiotic bacteria.

** 25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES



USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactocaseibacillus rhamnosus* GR-1®[†] and *Limosilactobacillus reuteri* RC-14®[†], discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

‡Updates based on official taxonomy reclassification.

Keep out of the reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

RC-14® and GR-1® are registered trademarks of Chr. Hansen A/S.

Jarrow FORMULAS

WOMEN'S
fem dophilus®

VAGINAL/URINARY TRACT HEALTH*

NO REFRIGERATION NECESSARY

25+ YEARS OF RESEARCH/CLINICAL STUDIES**

FREE OF MAJOR ALLERGENS
SUITABLE FOR VEGETARIANS/VEGANS

30 VEGGIE CAPS

ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Proprietary Probiotic Blend	134 mg ††
	(1 Billion CFUs)
<i>Lactocaseibacillus rhamnosus</i> GR-1® [†]	††
<i>Limosilactobacillus reuteri</i> RC-14® [†]	††
†† Daily Value (DV) not established.	

Other Ingredients: Maltodextrin (non-GMO source), vegetarian capsule (hydroxypropylmethylcellulose, titanium dioxide), cellulose and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas®** Los Angeles, CA 90035-4317 • 1-866-459-4154

Fem-Dophilus® does not require refrigeration and best to store in cool, dry place. Avoid storage at temperature above 77°F (25°C). Refrigeration, however extends shelf life.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

§ Minimum 1 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.



APPROX. FILL LINE

Made in Denmark by Chr. Hansen A/S

Lot #. Best Used Before:



STRAINS MATTER™

Jarrow Formulas' Probiotics Contain Clinically Documented Strains

© 2021 Jarrow Formulas®
11420FEMS
PROD # 103041

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

Keep out of the reach of children.

Free of major allergens.

Suitable for vegetarians/vegans.

Made in Denmark by Chr. Hansen A/S.

Lot #. Best Used Before:

APPROX. FILL LINE

Jarrow FORMULAS

WOMEN'S
fem dophilus®

ORAL PROBIOTIC SUPPLEMENT

30 VEGGIE CAPS

NO REFRIGERATION NECESSARY

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Proprietary Probiotic Blend	134 mg ††
	(1 Billion CFUs)
<i>Lactocaseibacillus rhamnosus</i> GR-1® [†]	††
<i>Limosilactobacillus reuteri</i> RC-14® [†]	††
†† Daily Value (DV) not established.	

Other Ingredients: Maltodextrin (non-GMO source), vegetarian capsule (hydroxypropylmethylcellulose, titanium dioxide), cellulose and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas®** Los Angeles, CA 90035-4317 1-866-459-4154

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.