

USAGE: Take 1 capsule per day or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Taurine is a sulfur-containing, antioxidant amino acid that supports osmoregulation (maintenance of concentrations of ions) inside the cell, membrane stabilization, bile acid conjugation, and brain function.*

**Keep out of the reach of children.
Store in a cool, dry place.**

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #: Best Used Before:

Jarrow
FORMULAS®

Taurine

1000 MG

Antioxidant Amino Acid*

100 CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Taurine	1,000 mg †

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), magnesium stearate (vegetable source) and cellulose.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

APPROX.
FILL LINE

02321TAU PROD # 115020



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