

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148
or visit our website at www.swanson.com

BioDIM™ is a trademark of and is licensed from
BioResponse, LLC, U.S. patent #6,086,915.

Suggested use: As a dietary supplement, take
one capsule one to three times per day with water
before meals.

WARNING: For adults only. This product should not be taken if
you are pregnant, lactating or using oral contraceptives (birth
control pills). May cause harmless changes in urine color.
Consult your physician before using this or any product if you
are taking medication or have a medical condition. Keep out
of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure
or prevent any disease.

Rev 3 08 26 19



DIM Complex

Hormone Balance

100 mg per capsule

DIETARY SUPPLEMENT | 30 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

DIM Complex (BioDIM™)	100 mg*
(diindolylmethane 25%) [BioDIM™ is a patented diindolylmethane complex of starch, diindolylmethane, vitamin E (as d-alpha tocopheryl succinate), phosphatidyl choline (soybean phospholipid), silica]	

*Daily Value not established.

Other ingredients: Calcium carbonate,
gelatin, magnesium stearate, silica,
titanium dioxide.

SWU119

