

swanson.com
or call 1-800-437-4148

- Supports bone health, immune wellness, cardiovascular wellness and more
- Promotes calcium absorption in the body

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with food and water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications or have a medical condition, especially hypercalcemia or kidney disorders. This product should be used under the supervision of a healthcare professional to monitor vitamin D blood levels. Do not exceed recommended dose. Not intended for use by children.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

D3

VITAMIN D3
Bone and Immune Health

5,000 IU per softgel HIGHEST POTENCY

VITAMIN SUPPLEMENT | **250 SOFTGELS**

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin D3	125 mcg	625%
	(as cholecalciferol)	

Other ingredients: Flaxseed oil, gelatin, glycerin, purified water.

MADE IN CANADA

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA • 1-800-437-4148

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