

swanson.com
or call 1-800-437-4148

- Helps build and support strong bones
- Fortified with 50 IU of vitamin D to help improve calcium absorption
- Harvested responsibly from above-the-sea sources

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule three times per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON[®]

Coral Calcium Complex

Strong, Healthy Bones

2:1 CALCIUM TO MAGNESIUM RATIO

DIETARY SUPPLEMENT | **180 CAPSULES**

Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving | | % Daily Value |
|--|----------|---------------|
| Vitamin D | 1.25 mcg | 6% |
| (as cholecalciferol) | | |
| Calcium | 250 mg | 19% |
| (from coral calcium powder) | | |
| Magnesium | 125 mg | 30% |
| (from magnesium carbonate and magnesium oxide) | | |

Other ingredients: Gelatin, maltodextrin, magnesium stearate, silica, stearic acid, microcrystalline cellulose (plant fiber).

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