

USAGE: Take 1 capsule per day or 1 every other day, or as directed by your qualified healthcare professional.

NOTE: The total amount of selenium supplemented from all sources should not exceed the tolerable upper intake level (UL) for selenium of 400 mcg/day. Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Selenium Synergy® contains a highly effective form of selenium, methylselenocysteine, in a synergistic formulation with Glucoraphanin, vitamin B₂ (riboflavin) and vitamin E, which promotes antioxidant protection against free radicals and supports immune health.*

Keep out of the reach of children.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Store in a cool,
dry place.

01221SS
PROD # 113006



Jarrow
FORMULAS

Glucoraphanin

Selenium Synergy®

Promotes Antioxidant Protection
Against Free Radicals*
Supports Immune Health*

60 CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% DV
Vitamin E	20 mg (30 IU)	133%
(as d-Alpha Tocopheryl Succinate)		
Riboflavin (Vitamin B ₂)	2 mg	154%
Selenium (as Methylselenocysteine)	200 mcg	364%
Glucoraphanin	10 mg	†
(from 75 mg of Broccoli Seed Extract)		
(<i>Brassica oleracea italica</i>)		

† Daily Value (DV) not established.

Other Ingredients: Cellulose, capsule (bovine gelatin), calcium phosphate, maltodextrin, magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
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Lot #: Best Used Before: © 2021 **Jarrow FORMULAS®**

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