

Black Cohosh Plus® is a non-phytoestrogen formula designed to relieve menopausal complaints with a mood component. Black cohosh, the primary herb in this formula, is traditionally used to address menopausal nervousness, irritability, occasional sleep disturbances, and vasomotor symptoms. Lemon balm and motherwort are traditionally used to help ease tension and support relaxation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one tablet twice daily or as directed by your healthcare practitioner.

WARNING: Do not use if pregnant or nursing.

CAUTION: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

Formulated to Exclude: Wheat, gluten, corn protein, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

 **Metagenics**
Genetic Potential Through Nutrition



Eclectic Botanicals
Black Cohosh Plus®
Menopausal Symptom
Support*

Herbal Supplement • Vegetarian
60 TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
Black Cohosh Root 80 mg	
& Rhizome Extract (<i>Actaea racemosa</i>) [standardized to 2.5% (2 mg) total triterpene glycosides expressed as 27-deoxyactein]	
Motherwort Aerial 100 mg	
Parts 6.5:1 Extract (<i>Leonurus cardiaca</i>)	
Lemon Balm Leaf 50 mg	
5:1 Extract (<i>Melissa officinalis</i>)	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, sodium starch glycolate, silica, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by: **METAGENICS, INC.**
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*Also known as *Cimicifuga racemosa*.