

Multigenics® Chewable is a great-tasting vitamin and mineral supplement, designed specifically for children and for adults who prefer a chewable tablet. Multigenics® Chewable features a broad spectrum of essential vitamins and mineral amino acid chelates designed for excellent nutrient bioavailability. This unique formula is kid-tested; with outrageous orange flavor, ratio-balanced B vitamins, and Caro-xan®—a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

Directions: Children 3 to 7 years: Chew one tablet daily. Children over 7 and adults: Chew one tablet one to two times daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

This product is non-GMO and gluten-free.

Warning: It is recommended that children under the age of four years should not regularly consume more than 750 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: Not recommended for children under 3 years of age due to risk of choking. Keep out of the reach of children.



Multigenics® Chewable

Outrageous Orange Flavor

DIETARY
SUPPLEMENT

90 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 90

	Amount Per Serving	% Daily Value for Children 1 through 3 Years	% Daily Value for Adults and Children ≥4 Years
Calories	5		
Total Carbohydrate	1 g	1%*	<1%**
Total Sugars	<1 g	†	†
Includes <1g Added Sugars		<4%*	<2%**
Vitamin A (27% as beta-carotene) (as mixed carotenoids, beta-carotene,† and retinyl acetate)	750 mcg	250%	83%
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg	667%	111%
Vitamin D (as cholecalciferol)	2.5 mcg (100 IU)	17%	13%
Vitamin E (as d-alpha tocopheryl acetate)	13.4 mg	223%	89%
Thiamin (as thiamin mononitrate)	1.4 mg	280%	117%
Riboflavin	1.6 mg	320%	123%
Niacin (as niacinamide)	20 mg	333%	125%
Vitamin B ₆ (as pyridoxine HCl)	1.4 mg	280%	82%
Folate (as calcium L-5-methyltetrahydrofolate)††	510 mcg DFE	340%	128%
Vitamin B ₁₂ (as methylcobalamin)	.6 mcg	667%	250%
Biotin	38 mcg	475%	127%
Pantothenic Acid (as calcium D-pantothenate)	10 mg	500%	200%
Calcium (as calcium citrate malate)	30 mg	4%	2%
Iron (as iron glycinate)	2 mg	29%	11%
Iodine (as potassium iodide)	70 mcg	78%	47%
Magnesium (as magnesium citrate and magnesium ascorbate)	15 mg	19%	4%
Zinc (as zinc gluconate)	2 mg	67%	18%
Copper (as copper gluconate)	0.1 mg	33%	11%
Manganese (as manganese aspartate)	0.2 mg	17%	9%
Quercetin	2 mg	†	†
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	825 mcg	†	†

*Percent Daily Values are based on a 1,000 calorie diet.

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Fructose, xylitol, sorbitol, stearic acid (vegetable), natural flavors, silica, guar gum, mono- and diglycerides, malic acid, and citric acid.

MANUFACTURED BY: METAGENICS

GIG HARBOR, WA 98332 • 800 692 9400 • METAGENICS.COM

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

†Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany.