

USAGE: Take 1 capsule up to 3 times per day with a meal or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Phosphatidylserine (PS) is a natural phospholipid that is a structural component of cell membranes.* It is an important phospholipid present in the brain and supports brain health.* Jarrow Formulas® Cogni-PS® PS 100 capsules utilize a concentrated form of phosphatidylserine from soy lecithin that offers excellent stability.*

**Keep out of the reach of children.
Store in a cool, dry place.**

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Lot #: Best Used Before:

Jarrow
F O R M U L A S



Phosphatidylserine

PS100

Supports Brain Health*

100 MG

120 CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Phosphatidylserine (PS) 100 mg †

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), cellulose, silicon dioxide, modified food starch, magnesium stearate (vegetable source); natural mixed tocopherols and ascorbyl palmitate (to maintain freshness).

Contains: Soy.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

No wheat, gluten, dairy, egg, fish/shellfish, or peanuts/tree nuts.

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APPROX. FILL LINE