

USAGE: Take 1 capsule per day or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

PQQ (pyrroloquinoline quinone) is an important antioxidant that promotes the creation of new mitochondria, along with supporting heart and brain health.* For superior benefits, take with **Jarrow Formulas® QH-absorb®**.

Keep out of the reach of children.
Store in a cool, dry place.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

BioPQQ™ is a trademark of MGC (Japan).

Lot #. Best Used Before:



Jarrow
FORMULAS

Pyrroloquinoline quinone

PQQ 20 MG

**Promotes Mitochondrial Biogenesis*
Supports Heart and Brain Health***

30 CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
PQQ (Pyrroloquinoline Quinone Disodium Salt)	20 mg †

† Daily Value (DV) not established.

Other Ingredients: Cellulose, capsule (bovine gelatin), magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317
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BioPQQ

Made in Japan



01321PQ20
PROD # 112032

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