

UltraMeal Advanced Protein® is a medical food specially formulated to support the nutritional management of sarcopenia. This advanced formula features essential amino acids, including added leucine, to support the healthy aging of skeletal muscle and to help address sarcopenia, the age-associated loss of skeletal muscle mass.

Each serving provides 21 g of protein from a proprietary blend of pea and rice and amino acids. 10 g (of the total protein) consist of essential amino acids including 5 g of BCAA, which, combined with exercise, may help support muscle maintenance.

Cocoa polyphenols support processes that contribute to healthy blood flow and vascular function.

Additionally UltraMeal Advanced Protein contains 20+ essential vitamins and minerals—including calcium L-5-methyltetrahydrofolate (L-5-MTHF, a body-ready folate), methylcobalamin (vitamin B₁₂)—to support protein synthesis and healthy metabolic function.

Directions: Take one serving one to two times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 scoops (39 g) into 8-10 ounces of chilled water.

NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

Ingredients: Pea protein isolate, rice protein concentrate, oat hull fiber, high oleic sunflower oil, magnesium citrate, L-leucine, cocoa powder, L-threonine, L-isoleucine, L-valine, silica, L-lysine HCl, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, calcium D-pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), and antioxidant blend (natural flavors and ascorbic acid).

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place. Keep out of reach of children.



UltraMeal Advanced Protein®

Support for the Nutritional Management of Sarcopenia



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PRACTITIONER EXCLUSIVE

Gluten-Free
Non-GMO

Medical Food
NET WT. 1 lb 3.26 oz
(19.26 oz) (546 g)

Cocoa
Polyphenols

Information per Serving:

Serving Size	About 2 Scoops (39 g)
Servings per Container	14
Calories	130
Total Fat	5 g
Saturated Fat	1 g
Trans Fat	0 g
Polyunsaturated Fat	1.5 g
Monounsaturated Fat	3 g
Cholesterol	0 mg
Sodium	180 mg
Total Carbohydrate	7 g
Dietary Fiber	5 g
Total Sugars	1 g
Includes 0g Added Sugars	
Protein	18 g†

Typical Amino Acid Profile per Serving*

Amino Acid	mg/Serving
L-Alanine	820
L-Arginine***	1,610
L-Aspartic Acid	2,020
L-Cystine (Cysteine)***	220
L-Glutamic Acid	3,060
Glycine***	750
L-Histidine**	450
L-Isoleucine (BCAA)**	1,340
L-Leucine (BCAA)**	2,510
L-Lysine**	1,500
L-Methionine**	240
L-Phenylalanine**	1,000
L-Proline***	810
L-Serine***	950
L-Threonine**	1,590
L-Tryptophan**	190
L-Tyrosine***	740
L-Valine (BCAA)**	1,400

* Contributed by pea protein, added amino acids, and rice protein

** Essential amino acid

*** Conditionally essential amino acid

† 21 g total protein with added amino acids: L-leucine, L-threonine, L-valine, L-isoleucine, and L-lysine

Percentage of Reference Daily Intakes (RDI)

Each Serving Contains:		% RDI
Vitamin D ₃ (as cholecalciferol)	10 mcg (400 IU)	50%
Calcium	70 mg	6%
Iron	5 mg	30%
Potassium	120 mg	2%
Vitamin A	370 mcg	40%
Vitamin C	30 mg	35%
Vitamin E	5 mg	35%
Thiamin	0.37 mg	30%
Riboflavin	0.42 mg	30%
Niacin	7.8 mg	50%
Vitamin B ₆	0.5 mg	30%
Folate	310 mcg DFE (as calcium L-5-methyltetrahydrofolate)††	80%
Vitamin B ₁₂ (as methylcobalamin)	1.5 mcg	60%
Biotin	75 mcg	250%
Pantothenic Acid	2.5 mg	50%
Phosphorus	220 mg	20%
Iodine	37 mcg	25%
Magnesium	150 mg	35%
Zinc	11.2 mg	100%
Selenium	52 mcg	90%
Copper	1.5 mg	170%
Manganese	1.5 mg	70%
Chromium	120 mcg	340%
Chloride	200 mg	8%
Total Polyphenols (from cocoa beans)	100 mg	***

††As Metafolin®, Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

***Daily value not established.

MANUFACTURED BY:
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