



METHYL BALANCE™

VITAMIN B/TMG
SUPPLEMENT

60 VEGETARIAN
CAPSULES



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Capsule		% Daily Value
Riboflavin (as riboflavin 5'-phosphate)	30 mg	2,308%
Vitamin B ₆ (as pyridoxal 5'-phosphate)	15 mg	882%
Folate (as Metafolin®† calcium L-5-methyltetrahydrofolate)	1,360 mcg DFE (800 mcg)	340%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	41,667%
Betaine (trimethylglycine)	600 mg	*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), ascorbyl palmitate, microcrystalline cellulose, and silicon dioxide.

Manufactured by:
SFI USA
Reno, NV 89521
Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and corn. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 1 capsule daily with food or as directed by a healthcare professional.

Methyl Balance™ contains activated, well-utilized forms of vitamin B₆, vitamin B₁₂, and folate plus betaine, also known as trimethylglycine (TMG).

†Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany 

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

