

USAGE: Take 1 scoop per day, with water or other fluid, or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Jarrow Formulas® MSM is an organic source of **bioavailable sulfur**. Sulfur is an antioxidant mineral found in major structural tissues of the body, such as cartilage. The sulfur from MSM is used to produce glycosaminoglycans (or mucopolysaccharides) present in proteoglycans, such as chondroitin sulfate, dermatan sulfate and hyaluronic acid.* These sulfur containing glycosaminoglycans are found in high concentrations in connective tissues, including joint cartilage, skin and collagen.*

For best results, use with **Jarrow Formulas® JarroSil®**, the biologically **Activated Silicon®**.

Keep out of the reach of children.
Suitable for vegetarians/vegans.
Store in a cool, dry place

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OptiMSM® is a registered trademark of Bergstrom Nutrition.

Lot #. Best Used Before:



Methyl-Sulfonyl-Methane
MSM

35.3 OZ POWDER



NET WT. 35.3 OZ (2.2 LB) 1000 G **DIETARY SUPPLEMENT**

Supplement Facts

Serving Size 1 Scoop (1 g)

Amount Per Serving	
Methyl-Sulfonyl-Methane (MSM)	1,000 mg †

† Daily Value (DV) not established.

Other Ingredient: Silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317
1-866-459-4154
www.Jarrow.com

Packaged by weight, not by volume.
Made in the U.S.A.



12220MSMKILO PROD # 119017



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APPROX.
FILL LINE