

USAGE: Take 1 capsule 1 to 3 times per day or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Jarrow Formulas® MSM is an organic source of **bioavailable sulfur**. Sulfur is an antioxidant mineral.* Sulfur is found in the human body in structural proteins, such as chondroitin sulfate, dermatan sulfate and hyaluronic acid.* These sulfur-containing structural proteins are primarily in connective tissues, including joint cartilage, and skin.*

Keep out of the reach of children.
Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OptiMSM® is a registered trademark of Bergstrom Nutrition.

Lot #. Best Used Before:



Methyl-Sulfonyl-Methane

MSM

1000 MG

OptiMSM®

200 VEGGIE CAPS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Methyl-Sulfonyl-Methane (MSM)	1,000 mg †
† Daily Value (DV) not established.	

Other Ingredients: Vegetarian capsule (hydroxypropylmethyl-cellulose, water) and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

Made in the U.S.A. - Worldwide Ingredients

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

APPROX. FILL LINE



www.nsfnonngmo.org

04321MSM200 PROD # 119013



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