

USAGE: Take 1 to 3 capsules per day or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Jarrow Formulas® Milk Thistle (*Silybum marianum*) 30:1 extract is standardized to contain 80% **total Milk Thistle flavonoids**, including isosilybinins, silybinins, silychristin and silydianin. This group of flavonoids, collectively known as Silymarin, supports liver function by supporting glutathione levels.*

Keep out of the reach of children.
Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Lot #. Best Used Before:



Standardized
MILK THISTLE
30:1 EXTRACT



100 VEGGIE CAPS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Milk Thistle 30:1 Extract	150 mg †
(Silybum marianum) (Fruit/Seed) (80% [120 mg] Total Flavonoids)	
† Daily Value (DV) not established.	

APPROX.
FILL LINE

Other Ingredients: Cellulose, vegetarian capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
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