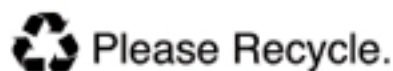


SUGGESTED USE: 1 to 2 capsules taken at bedtime with 8 ounces of water or as directed by a healthcare professional.

CAUTION: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Reduce dose if drowsiness occurs. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

Manufactured for:
BELDT Labs, Inc.
(888)861-9696

Sherman Oaks, CA 91423
For questions or comments, please
contact us at www.BELDT.com



BELDT Labs
BEDROCK SERIES

5-HTP PLUS



SUPPORTS:

- **NATURAL SLEEP BALANCE**
FOR RELIEF OF OCCASIONAL SLEEPLESSNESS ONLY
- **RELAXATION & POSITIVE MOOD**

Dietary Supplement

60 Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container: 30

Amount Per Serving	%Daily Value
5-HTP (5-Hydroxytryptophan) (<i>Gryffonia simplicifolia</i>) (seed)	100mg *

*Daily Value not established.

Other ingredients: Rice powder, gelatin (bovine) and vegetable magnesium stearate.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Visit BELDTAssist.com for more information and supplements best practices.