

USAGE: Take 2 capsules per day with water or juice before breakfast or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Mastic Gum contains natural resin from the mastic tree (*Pistacia lentiscus*), also called mastiha, a shrub-like tree grown mainly in Greece and Turkey. Composed of a resinous exudate, containing essential oils, mastic gum has been used for centuries.* Mastic Gum supports the health of the **gastric** and **duodenal** cells and tissues as well as healthy levels of stomach acid production.*

Keep out of the reach of children.
Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:

Jarrow
FORMULAS

Mediterranean Mastiha Tree Resin

Mastic Gum

Supports Stomach
and Duodenal Health*

60 VEGGIE CAPS



DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving

Mastic Gum	1,000 mg †
(Stem/Branch) (<i>Pistacia lentiscus</i>)	

† Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hydroxypropyl-methylcellulose, water), cellulose, magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
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PROD # 123007



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