USAGE: Take 3 capsules per day (1 capsule in the morning and 2 capsules one hour before bedtime) with or without meals or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

MagMind® (**Magnesium L-Threonate**, or **Magtein®**) is a unique form of magnesium that has been shown to readily cross the blood-brain barrier and support brain health and function.*

Keep out of the reach of children.
Store in a cool, dry place. DO NOT refrigerate.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Magtein® Think clearly

Magtein® is a trademark of Magceutics®, Inc., distributed exclusively by AIDP, Inc. and protected under U.S. patents 8,178,118; 8,142,803; 8,163,301; and other patents and pending patents.

Lot #. Best Used Before:

Jarrow FORMULAS®

Magnesium L-Threonate (Magtein®)

MagMind®

Supports Brain Health & Function*

90 VEGGIE CAPS **DIETARY SUPPLEMENT**

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Magnesium (Elemental) (from 2,000 mg Magnesium L-Threonate)	144 mg	34%

Other Ingredients: Magnesium stearate (vegetable source), vegetarian capsule (hydroxypropylmethylcellulose, water), cellulose and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
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VEGGIE CAP

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