

USAGE: Take 1 capsule 1 to 3 times per day, preferably on an empty stomach or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

L-Lysine is an essential amino acid necessary for growth, development, tissue maintenance and repair.*

Keep out of the reach of children.

Store in a cool, dry place; keep lid tightly closed.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:

Jarrow
FORMULAS

L-Lysine

500 MG

**Essential Amino Acid for
Protein Metabolism***

100 CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
L-Lysine (from L-Lysine HCl)	500 mg †

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), magnesium stearate (vegetable source) and cellulose.

Distributed Exclusively by **Jarrow Formulas®**

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