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Item# 15140-US-C06-9901

Made in the USA

No Artificial Colors, No Preservatives
No Wheat, No Dairy, Yeast Free
Store in a cool, dry place

KEEP OUT OF THE REACH OF CHILDREN

Suggested Use: Take 1-2 softgels 1-2 times daily. For weight loss, take 1 softgel in the morning on an empty stomach and 1 softgel at night on an empty stomach before bed.

True Essentials Nutritional Supplements
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TE
TRUE ESSENTIALS

Omega 3-6-9

Essential Fatty Acids

Cardio Health

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving		% DV *
Vitamin E (d-alpha Tocopherol Succinate)	20 IU	67%
Fish Oil (18% EPA / 12% DHA) (From Sardines, Mackerel, and Anchovies)	800 mg	*
Flaxseed Oil *(Linum usitatissimum)*	800 mg	*
Borage Seed Oil *(Borago officinals)*	800 mg	*

*Daily Value (DV) not established. Percent daily values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, Purified Water, Glycerin

Dietary Supplement • 60 Softgels