

USAGE: Mix ½ teaspoon into 6 to 8 oz. of fluid and drink when stomach is empty or as directed by your qualified healthcare professional. For athletes, maximal results will be obtained by supplementing with 2 g of glutamine after exercise.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition (especially epilepsy, seizure, mania or severe liver disorder); if adverse reactions occur, discontinue use.

L-Glutamine – the most abundant amino acid in the human body – is involved in many metabolic processes, including the synthesis and protection of muscle tissue, the production of glycogen, as well as immune support during periods of immune and muscular stress.* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and hence supports the integrity of the intestinal lining.*

Keep out of the reach of children.
Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:



Jarrow
FORMULAS®

L-Glutamine

35.3 OZ

Supports Muscle Tissue* &
Immune Function*

NET WT. 35.3 OZ (2.2 LB) 1000 G

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size ½ Teaspoon (2 g)
Servings Per Container About 500

Amount Per Serving	
L-Glutamine	2 g †
† Daily Value (DV) not established.	

Ingredient: L-glutamine.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317
1-866-459-4154 • www.Jarrow.com

Jarrow Formulas® L-Glutamine is manufactured by microbiological fermentation. This product is 100% L-Glutamine and contains NO other substance.

Packaged by weight, not by volume.



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APPROX. FILL LINE