

USAGE: Take 1 tablet 1 or 2 times per day, preferably on an empty stomach or after a workout or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition (especially epilepsy, seizure, mania or severe liver disorder); if adverse reactions occur, discontinue use.

L-Glutamine - the most abundant amino acid in the human body - is involved in many metabolic processes, including the synthesis and protection of muscle tissue, the production of glycogen, as well as immune support during periods of immune and muscular stress.* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and hence supports the integrity of the intestinal lining.*

Keep out of the reach of children.
Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:

Jarrow
FORMULAS

L-Glutamine

**Supports Muscle Tissue* &
Immune Function***

100 TABLETS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	
L-Glutamine	1,000 mg †

† Daily Value (DV) not established.

Other Ingredients: Cellulose, stearic acid (vegetable source) and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317
1-866-459-4154 • www.Jarrow.com

Jarrow Formulas® L-Glutamine is manufactured by microbiological fermentation.

APPROX. ↓
FILL LINE →

01321GMTAB PROD # 115033



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