

USAGE: Take 2 capsules per day with juice or water on an empty stomach or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

L-Carnosine is a dipeptide antioxidant found in the brain, heart, skin, muscles, kidneys and stomach that supports mitochondrial health.*

**Keep out of the reach of children.
Store in a cool, dry place.**

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Lot #. Best Used Before:

Jarrow
FORMULAS

beta-alanyl-L-histidine

L-Carnosine

**An Antioxidant Dipeptide that
Supports Mitochondrial Health in
Brain and Muscle***

90 VEGGIE CAPS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

	Amount Per Serving
L-Carnosine (Beta-Alanyl-L-Histidine)	1,000 mg †

† Daily Value (DV) not established.

Other Ingredients: Cellulose, capsule (hydroxypropylmethylcellulose, water) magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154
www.Jarrow.com

APPROX.
FILL LINE



02321LCAR PROD # 115052



www.nsfhngmo.org

© 2021 **Jarrow FORMULAS®**