

USAGE: Take 1 capsule 1 to 2 times per day on an empty stomach or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

L-Carnitine is an amino acid found in high concentrations in muscle, heart, and liver tissues. Inside the cells, L-Carnitine transports fatty acids into the mitochondria for energy production (i.e., ATP) and reduces amino acid and protein breakdown.* L-Carnitine supplementation helps to support an active lifestyle and your body's natural energy production.*

Keep out of the reach of children.
Store in a cool, dry place.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

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Lot #. Best Used Before:

Jarrow
FORMULAS®

L-Carnitine

As L-Carnitine Tartrate

500 MG

**Important Cofactor for
Energy Production from Fats***

50 VEGGIE CAPS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

L-Carnitine (as L-Carnitine Tartrate) 500 mg †

† Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source), silicon dioxide and cellulose.

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No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.