



**Whole Life
Energy Enhancer**
Multi-Vitamin Supplement
With Whole Foods, Herbs,
Enzymes & Much More!

No Iron

Vegetarian • 90 Tablets

NaturesPlus®
ULTRA
Source of Life®

**GLUTEN
Free**

*Nutritional Support for Natural Energy Production,
Healthy Eye Function and Overall Well-Being.**

Free from artificial colors and preservatives. Free from all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	15
Total Carbohydrate	3 g 1%*
Dietary Fiber	1 g 4%*
Protein	1 g 2%*
Vitamin A (as beta carotene)	3000 mcg RAE (10,000 IU) 333%
Vitamin C (as ascorbic acid)	1000 mg 1111%
Vitamin D3 (as cholecalciferol from lichen)	10 mcg (400 IU) 50%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg (200 IU) 893%
Vitamin K (as phytylquinone)	80 mcg 67%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg 2083%
Riboflavin (vitamin B2)	25 mg 1923%
Niacin (as niacinamide)	40 mg NE 250%
Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
Folate (as calcium-L-5-methyltetrahydrofolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	200 mcg 8333%
Biotin	100 mcg 333%
Pantothenic Acid (as calcium pantothenate)	60 mg 1200%
Choline (as bitartrate)	30 mg 15%
Calcium (as aminoate complex)	200 mg 100%
Iodine (from kelp)	150 mcg 24%
Magnesium (as aminoate complex)	100 mg 136%
Zinc (as monomethionine)***	15 mg 45%
Selenium (as selenomethionine, aminoate complex)	25 mcg 50%
Copper (as aminoate complex)	0.5 mg 174%
Manganese (as aminoate complex)	4 mg 57%
Chromium (as polynicotinate)****	20 mcg 1%
Potassium (as aminoate complex)	50 mcg

Whole Food PhytoAlgae 1000 mg†
Proprietary complex of spirulina (*Spirulina platensis*),
fucoxanthin (*Ascochylium nodosum*), laminaria brown
algae (*Laminaria digitata*), Irish moss (*Chondrus crispus*), dulce
(*Palmaria palmata*), red seaweed (*Lithothamnium calcareum*),
bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*),
wakame (*Ulva esculenta*), nori (*Porphyra yezoensis*), kombu
(*Laminaria setchellii*), chlorella (*Chlorella vulgaris*) (broken cell),
Icelandic kelp
Essential Fatty Acid-Rich Whole Food Energy Blend: 220 mg†
black currant, sunflower seed, octadecanoic acid
Bioflavonoid Complex (from *Citrus limon/sinensis* whole fruit) 60 mg†
(standardized to 48% [28.8 mg] flavanones and 2% [1.2 mg]
flavanols, flavones and related phenolic compounds)

Other ingredients: Di-calcium phosphate, microcrystalline cellulose, vegetable cellulose, calcium carbonate, magnesium oxide, stearic acid, potassium chloride, magnesium stearate, silica, manganese iodide, potassium iodide, asragalus root, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

Manufactured with LOVE ♥ by Natural Organics
Laboratories, Inc., makers of **NaturesPlus**
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OptiZinc® **CHROMEMATE®**
FloraGLO® **WITH 3D** Made with **Vitashine™**

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Amount Per Serving

Food Fiber Complex	50 mg†
Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, non-GMO tapioca	
Whole Food Wellness Complex	50 mg†
Whole fruit concentrates: apple, apricot, banana, camu-camu (<i>Myrciaria dubia</i>), cranberry, orange, peach, red raspberry, strawberry, black cherry, bilberry, plum, pear, beet, tomato, dandelion leaf, olive fruit, beet greens, cabbage leaf, onion bulb, parsley leaf, celery seed, papaya fruit, red grape (<i>Vitis vinifera</i>), broccoli floret, carrot root, garlic clove, spinach leaf	
Bromelain (from pineapple fruit) (80 gelatin digesting units)	40 mg†
Inositol	30 mg†
Quercetin (from <i>Dimorphandra mollis</i>)	30 mg†
Rutin (from <i>Sophora japonica</i> flower bud)	25 mg†
Thione Complex™	25 mg†
Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract	
Whole Food Antioxidants	25 mg†
Proprietary Blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine (<i>Vitis vinifera</i> fruit concentrate) (alcohol free), ginger root	
Whole Food Amino Acid Complex	25 mg†
(from spirulina and isolated pea protein) - providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine	
Betaine HCl	25 mg†
PABA (para-aminobenzoic acid)	15 mg†
Chlorophyll (from spirulina, mulberry leaf)	15 mg†
Hesperidin Complex (from <i>Citrus sinensis</i> whole fruit)	10 mg†
Whole Food Enzymes	10 mg†
Proprietary Enzyme Complex: papain (papaya fruit), amylase (<i>Aspergillus oryzae</i>), lipase (<i>R. oryzae</i>), cellulase (<i>T. longibrachiatum</i>), protease (<i>A. oryzae</i>)	
Neurosyn	10 mg†
Ginkgo biloba leaf (std. ginkgo flavone-glycosides), ginseng (Panax) (std. ginsenosides)	
Source-70 (whole food-based soluble mineral complex)	10 mg†
Carotenoids	4 mg†
Lutein (active carotenoid from marigold flower extract)†	3 mg†
Boron (as citrate)	1 mg†
Octacosanol	200 mcg†

***Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

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